



Araruna, 14th of July, 2014

**Dear Iron Man and friends,**

Hereby we would like to express you our thanks for the generous donations, which enabled us to realize several projects in various communities located in northeastern Brazil. In the sense of public-spirited purposes those funds are supposed to be used promoting children and adolescents with a difficult social background. On account of hard living conditions, questionable social states and conditions there are particularly young people who suffer from the consequences. Therefore it is our desire to support those most affected in order to give them a better future. Due to your valuable contributions we can now take a big step and advance or implement some beneficial projects that we would like to introduce you in the following.

### **Multimixtura**

This project is a food supplement program. It aims at benefiting undernourished children by the provision of compact and well-balanced food packages. The content is mainly made up of a combination of corn bran, nuts and sesame. Through a special mechanical device all of this gets crushed and mixed extensively. In this way the requirement of nutrients is supplemented, consequently the physical development of the children is promoted. On average more than 4,000 packages are produced and distributed to 300 children annually. Just one euro is already enough to support one child per month.





### **Environmental courses and training**

By this project we are going to to sensitize the awareness of children and adolescents in terms on environmental conservation and sustainability. In small groups they are scheduled how to treat natural resources in a sustainable way and experience their environment individually through study tours and excursions (see upper right picture on next page) under the guidance of qualified staff. Beside that there are sometimes religious and agricultural events on which they help to distribute young plants or seedlings to needy families and farmers (see right picture below). These activities are highly connected with our environmental project Muda. Its principle is based on reforestation and supply of peasants with fruits (after harvesting) by building up tree nurseries. 2 euros can support one child benefiting from that program per month.





### **Combating child prostitution**

At the begin of 2014 we offered one seminar in order to counteract violence and sexual exploitation of children. Other seminars and courses are already in planning. The concept encompass specific measures to raise awareness and illustrate all the negative effects involved in terms on sexual abuse or premature pregnancies. The scheduled methods include personal talks, spiritual and physical treatment, plays, etc. The regular circle of participants is composed of 30 female adolescents between 11 and 14 years (all directly concerned by sexual practice), a children curator, the responsible municipal council, a psychologist, social workers, nurses, a lawyer and the head of the local women's right movement. Approximately 200 euros are necessary to realize one entire training session for 20 adolescents.





### **Against alcohol and drug prevention**

Analogously to child prostitution there are also a lot of social problems caused by high alcohol and drug consumption in our field of activity. Because of this we additionally want to offer similar courses by which we can tackle those problems together. In this regard we are still in the preparatory phase. Currently several tutors of the 7th and 8th grade are being trained. They are preparing themselves well for their prospective tasks. Further we are going to arrange meeting with politicians and education representatives so that we can determine some effective plans and policies in collaboration with the responsible authorities. One complete training session should require more or less 150 euros.

### **Child protection**

In close cooperation with Senhor José Ailton Bonifácio (vice president of the council for child protection) we stand up for the dignity and protection of children, who are neglected and come from especially severe conditions. Ailton is a great friend of us and has our full confidence. Through our program we aspire to support children becoming fully accepted members of society. They are supposed to manage their life humanely by an appropriate education. Unfortunately there are many children, who are despised, exposed or abandoned by their families. Without the selfless help of Ailton the situation were even worse. It is therefore a concern of utmost importance for us giving a helping hand to uphold his great work. Ailton's projects include the temporary accommodation of children and adolescents (emergencies), the organization of infantil fests, the supply with food and clothes for extremely poor



children/adolescents and the consultation of violent or irresponsible parents plus conflict management in critical familiar situations. 200 euros per month are already enough to support Ailton's admirable commitment.



Due to your generous donations we can now continue with our efforts in a much more effective way and would like to thank you one more time for your valuable contributions. Of course this counts as well on behalf of all beneficiaries.

For further inquiries I am always available and at your service.

Yours truly

Mario Held (voluntary employee)